

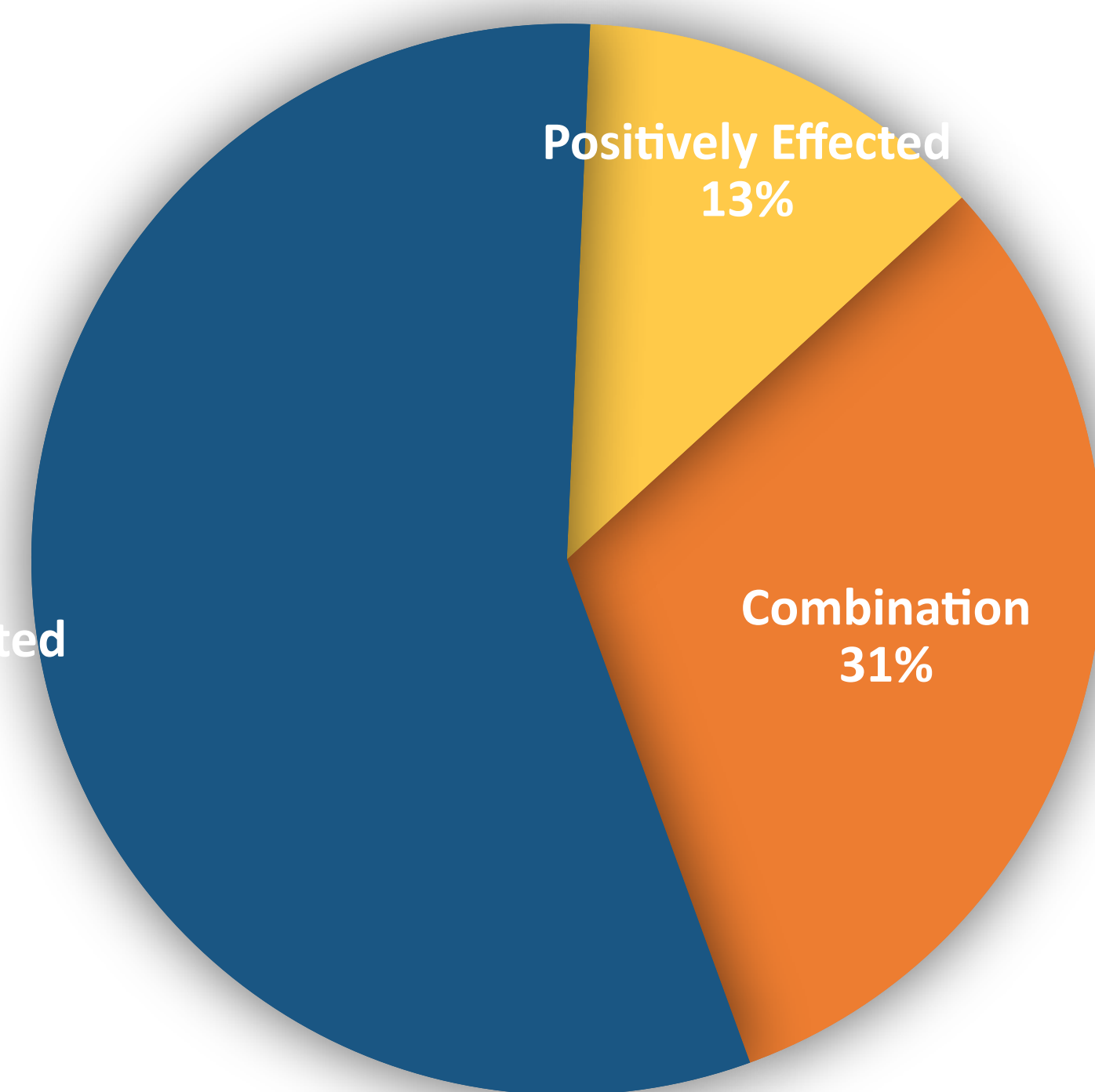
Purpose

The purpose of this study was to increase dialogue and receive unfettered feedback surrounding the upcoming COVID-19 vaccine and gain insight into other vaccine behaviors regarding participants and participants' family members. A supplementary goal was to learn more about participants' opinions regarding current COVID-19 mandates, social distancing guidelines, and pandemic related topics.

Demographic

The research population for this study is African-American males and females between the ages of 18 and 25 who attend Fisk University (in Nashville, TN) from any socioeconomic background.

Responses to How COVID-19 has Impacted Personal Mental Health



● Negatively Effected ● Positively Effected ● Combination

Methods

All promotion for the listening sessions occurred virtually and remotely. Specifically, this event was promoted by word of mouth, and social media (primarily Fisk GroupMe). The social media posts on GroupMe received twenty (20) likes, three (3) comments, and five (5) direct messages.

Attached to all promotional material and messages was the pre-survey for event registration. Participants were able to choose between two dates and times. Once participants were confirmed, the listening sessions were conducted via Zoom. The project consisted of four listening sessions with 6 to 12 individuals participating in each session. There were twenty-nine (29) total participants for all four sessions.

The participants were guided through ten questions to gauge their receptiveness to a potential vaccine and overall perspective on COVID-19. The four sessions were recorded and transcribed to document the responses of the participants.

Finally, each participant was asked about their experience during the session in a post-survey. Forty-six percent (46.2%) stated their overall experience was "very satisfactory" while the remaining fifty-three percent (53.6%) said the event was "satisfactory".

Community Partner Acknowledgements

- Fisk University
- Meharry Medical College
- Middle Tennessee State University SHAs
- TN-MMC HBCU Wellness Project
- Tennessee Health Department
- Legislative Black Caucus for Tennessee

Outcomes

The outcomes of this project are as follows:

- 1) Twenty-one (21) females and seven (7) males shared their opinions regarding COVID-19 vaccines, mandates, and personal habits
- 2) All participants were between the ages of eighteen to twenty-two (18 -22) and attended Fisk University
- 3) When asked what information would they need before considering the COVID-19 vaccination, the number one response, at sixty-two percent (62.5%), was regarding "side effects"
- 4) Nearly ninety-eight percent (98%) of respondents reported they used social media as their main source to receive news and information

Student Lessons Learned

Lessons learned from this project are:

- 1) Many individuals that sign up for an event may not attend even with emails and other notifications and reminders.
- 2) It is best to start taking count of the general responses to each question during the listening session, so you have the opportunity to ask follow-up questions.